You can't fake fast

Youth sports can be full of politics. Jimmy should be quarterback. Susie should get more playing time. He made the team because his Dad is friends with the coach. Her Mom raised more money ... etc. Then there is running. Track and field. Cross Country. One simple rule applies; you want to be faster, then work harder. There are no cuts for the team. It's open to anyone willing to show up and work hard, then get up the next day and do it again. Boy or girl. Big or small. Rich or poor. It doesn't matter. It is the most basic athletic pursuit, but also the most revealing and humbling. What more could we want for our kids than a sport that teaches them the most basic lesson in life.

For several years, Brunswick High School athletes have called Lisbon their home for Track and Field after the BHS track was deemed unsafe for competition. As the Brunswick Town Council considers funding for reconstructing the track and field facility at BHS, it should reflect of how hard the students in Brunswick are willing to work. Not just on the field, but in the classroom, in the theater, in the band, and in the community. They deserve another venue where they can showcase that hard work. Where there is no politics or referees to influence the outcome. Where every race is a chance to see how far they have come and how they measure up, because you can't fake fast.

> D.J. Shaughnessy, Brunswick